



2012-13 Quarter 4 (April-June 2013):  
Health Messaging Toolkit

## IMMUNIZATIONS: PROTECTING OUR CHILDREN

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### ABOUT IMMUNIZATIONS/VACCINES

*Vaccines save an estimated three (3) million lives every year, as well as prevent millions of people from suffering and disabilities caused by vaccine preventable diseases. Vaccinations prevent dozens of harmful vaccine preventable diseases and their serious side effects including hospitalizations, seizures, amputations, brain damage, meningitis, paralysis, deafness, and even death.*

*Children need vaccines to be ready for school. Without the proper vaccinations, children may be denied attendance to schools and childcare centers. Diseases can spread quickly and easily in these settings. All children need protection from contagious diseases in schools and childcare centers. When everyone in a community is vaccinated, the potential for dangerous diseases to spread and cause outbreaks is greatly reduced. Vaccines not only protect individuals, but entire communities!*

### EDUCATING FAMILIES ABOUT IMMUNIZATIONS/VACCINES

#### First 5 San Joaquin Printable Resources:

- [Back-to-School Checklist](#)
- [Child Care Checklist](#)
- [Childhood Vaccinations: Protecting Health & Saving Lives](#)
- [Choosing Not to Vaccinate? Know the Risks](#)

#### Other Printable Resources/Handouts:

- Brochure: Childhood Immunization Checklist ([English](#)) ([Spanish](#))
- Fact Sheet: Your Baby's First Vaccines: ([English](#)) ([Spanish](#)) ([Hmong](#)) ([Tagalog](#)) ([Vietnamese](#))
- FAQ: Infant Immunizations ([English](#)) ([Spanish](#))
- Questions Parent Ask About Baby Shots [English](#) [Spanish](#) [Vietnamese](#)
- Brochure: Immunizations for Healthy Pregnancy: ([English](#)) ([Spanish](#))

- Tip Sheet: [Tips for Locating Old Immunization Records](#)

#### Vaccines & Autism:

- [Vaccines and Autism](#) (First 5 Fact Sheet)
- Q&A: Vaccines & Autism Fact Sheet ([English](#)) ([Spanish](#))
- Research Brief: [Evidence Shows Vaccines Unrelated to Autism](#)
- Article: [Genetic Mutation Link to Autism](#)

#### Media/Videos:

- [Immunization Baby Book](#)
- [Vaccines and Your Baby Video Series](#)

## IMMUNIZATION SCHEDULE RESOURCES

#### Immunization Schedule Resources (Printable Handouts):

- Schedule: 2013 Recommended Immunizations for Children from Birth Through 6 Years Old ([English](#)) ([Spanish](#))
- Schedule: [Recommended Immunization Schedule for Persons Age 0 Through 18 Years](#)
- Schedule: [Recommended Immunizations for Adults](#)
- Brochure: Child Immunization Checklist ([English](#)) ([Spanish](#))
- Tracker: [Immunizations and Developmental Milestones for Your Child from Birth Through 6 Years Old](#)
- Schedule: Immunizations for Babies ([English](#)) ([Spanish](#)) ([Vietnamese](#))
- Schedule: [When Do Children and Teens Need Vaccinations?](#)

#### Immunization Schedule Resources (Online):

- [Kids Health® Immunization Schedule](#)
- [When Do Infants and Children Need Vaccines?](#)
- [History of the Immunization Schedule](#)

## PREPARING CHILDREN FOR SCHOOL/CHILD CARE

#### Preparing Children for School/Child Care:

- [Guide to Required Immunizations K-12](#)
- Guide to Required Immunizations - Child Care ([English](#)) ([Spanish](#))
- Schedule: [Catch-up Immunization Schedule for Persons Who Start Late](#)
- [Catch-Up Immunization Scheduler](#)
- Poster: Children Will Not Be Enrolled ([English](#)) ([Spanish](#))
- Poster: [Keep School Healthy](#) (English & Spanish combined)
- Shots for School (web resource): [www.shotsforschool.org](http://www.shotsforschool.org)

## NEW LEGISLATION - ABOUT AB 2109

**AB 2109** would require parents to submit an additional form signed by a health care practitioner before they are able to exempt their children from the required vaccines to enter school. This form must state that the health care practitioner has informed the parents of the benefits and risks of immunizations and the health risks of the diseases. **The law will take effect January 2, 2014** and applies only to exemptions that parents or guardians claim on or after this date.

#### For more information:

- [Fact Sheet: AB 2109](#)
- [FAQ's - AB 2109 - Personal Beliefs Exemptions](#)
- [Governor's Signing Statement - AB 2019](#)

## RESOURCES FOR WORKING WITH BINATIONAL CHILDREN & FAMILIES

#### Resources for Working with Binational Children & Families:

- Guide: [Binational Immunization Guide: Interpreting Immunization Schedules](#)
- Schedule: [Binational Immunization Resource for Children from Birth through 18 Years](#)
- Brochure: [Recommended Vaccines for Recent Immigrants from Mexico](#)

## PREPARING CHILDREN FOR THE SHOTS VISIT

### Preparing Children for the Shots Visit:

- Tip Sheet: [Be There for Your Child During Shots](#)
- Tip Sheet: How to Hold Your Child during Vaccinations ([English](#)) ([Spanish](#))
- Tip Sheet: Tips for a Less Stressful Shot Visit ([English](#)) ([Spanish](#))

## ACTIVITIES & RESOURCES FOR CHILDREN

### Activities & Resources for Children:

- [Immunization Growth Chart](#)
- [Sid the Science Kid: Antibodies Game](#)
- Coloring Sheets (Sid the Science Kid): [Coloring Page 1](#), [Coloring Page 2](#)
- Coloring Book: [Immunize by Two](#)
- Coloring Sheets: [Sheet 1](#), [Sheet 2](#), [Sheet 3](#)
- Maze: [Help Izzy Get Shots on Time](#)
- Certificate: ["You Did It!" \(Sid the Science Kid\)](#)

Related Children's Books: [Children's Books on Germs, Vaccines, and Preventable Diseases](#)

## ABOUT INFLUENZA (FLU) VACCINATIONS

### About Influenza (Flu) Vaccinations:

- Flu Q&A: What You Should Know: ([English](#)) ([Spanish](#))
- Flyer/Poster: Flu Shot Reminder for Pregnant Women: [Option 1](#), [Option 1](#)
- Flyer/Poster: Babies Need Protection from Flu: ([English](#)) ([Spanish](#))
- Flyer/Poster: [Guess Who Needs Flu Vaccine](#)
- Fact Sheet: [Keep your kids safe — get them vaccinated every fall or winter!](#)
- For Educators/Providers: [Teaching Children About the Flu: Lesson Plans & Activities](#)
- Video: [Protect Your Family from the Flu](#)

## MAKING THE CASE FOR IMMUNIZATIONS/VACCINES

### Making the Case for Immunizations:

- Vaccine Safety: 10 Facts for Parents ([English](#)) ([Spanish](#))
- Publication: [Adhering to Vaccine Schedule is Best Way to Protect Children from Disease](#)
- Fact Sheet: [The Childhood Immunization Schedule: Questions & Answers](#)
- Fact Sheet: [FAQ: Vaccine Safety](#)
- Fact Sheet: [Ensuring the Safety of Vaccines in the United States](#)
- Fact Sheet: [Immunization Vaccine Safety](#)

### Choosing Not to Vaccinate:

- Brochure: What if You Don't Immunize ([English](#)) ([Spanish](#))
- Fact Sheet: [If You Choose Not to Vaccinate Your Child, Understand the Risks and Responsibilities](#)
- Article: [Childhood Immunizations: Personal Choice vs. Public Health](#)

### About Vaccine Preventable Diseases:

- [www.immunizationed.org](http://www.immunizationed.org) (images of vaccine-preventable diseases)
- [www.myhealthyfutures.org/providerinfo.html](http://www.myhealthyfutures.org/providerinfo.html) (images of vaccine-preventable diseases)

## LOCAL & OTHER HELPFUL RESOURCES

### Local Resources:

- San Joaquin County Public Health Services (Immunization Program): [www.sjcphs.org](http://www.sjcphs.org) / (209) 468-3481
- Community Medical Centers (Immunizations): [www.communitymedicalcenters.org](http://www.communitymedicalcenters.org) / (209) 373-2800

### Other Helpful Resources:

- Immunization Action Coalition: [www.immunize.org](http://www.immunize.org)
- Center for Disease Control: [www.cdc.gov](http://www.cdc.gov)
- Where to Get Vaccinated: [www.vaccineinformation.org/vaccine-finder](http://www.vaccineinformation.org/vaccine-finder)
- Allied Vaccine Group: [www.vaccine.org](http://www.vaccine.org)
- Every Child by Two: [www.ecbt.org](http://www.ecbt.org)
- American Academy of Pediatrics: [www2.aap.org/immunization](http://www2.aap.org/immunization)

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*This toolkit and previously distributed toolkits may be accessed at [www.sjckids.org](http://www.sjckids.org).*

**For more information, contact First 5 San Joaquin at  
(209) 953-5437 or [sjckids@sjgov.org](mailto:sjckids@sjgov.org).**